

Betty J. Pullum

Aquatic Guidelines for Navarre High School

- NHS Swim Team Coaches must comply with Santa Rosa County guidelines for conducting practices, this may include temperature checks of athletes prior to event.
- The NHS Swim Team Head Coach will be the point of contact for all COVID related issues, and communicate directly with the Betty J. Pullum Executive Director.
- Athletes should sanitize their hands immediately upon entrance to the YMCA.
- Any athlete or coach who is experiencing symptoms would not be allowed access to the YMCA facilities, or would need to exit immediately.
- Athletes should arrive ready to swim, to decrease the amount of time needed in the locker rooms.
- Athletes should bring their own water bottle, and not share any water bottles with any other athlete.
- Only athletes who are members of the YMCA will be allowed to shower in the locker rooms after practices.
- Social distancing of athletes should occur on the pool deck or a mask must be worn.
- No more than 6 swimmers in a lane at any given time.
- NHS Swim Team equipment should not be "shared" between athletes.
- NHS Swim Team equipment should be cleaned by NHS Swim Team Coaches after each use.
- Once practice has concluded, athletes should exit the pool deck.
- Only NHS Coaches and athletes are allowed access to the pool deck during practices/meets. Parents must wait in their cars, outside the fence line, or return to pick up the athlete.
- Parents who choose to wait outside the fence line must adhere to Betty J. Pullum YMCA policies on social distancing and YMCA Member policies.
- Safety measures will be strictly adhered to for all NHS Swim Team members.